

TOHM SEÇME VE PERFORMANS TESPİT MÜSABAKALARI
ADANA, 29. - 31.7.2022

Yarış 16

Erkekler, 400m Serbest

13 yaş ve büyükler

30.07.2022 - 18:05

Sonuçlar

14 YAŞ TOHM 14: 4:32.18 / 15 YAŞ TOHM 15: 4:23.82 / 16 YAŞ TOHM 16: 4:19.85 / 17 YAŞ TOHM 17: 4:16.54 /
18 YAŞ TOHM 18: 4:13.01 / AÇIK YAŞ TOHM 19 +: 4:06.90

Puanlar: Rudolph Table 2022

Sıra	YB	ZamāDerece	100m	200m	300m	400m
13 yaş						
1. Yiğit, SEVENCAN	09	Mersin Okyanus Spor Kulüt5:12.05 3,6	1:12.86	1:22.85	1:17.57	1:18.77
50m:		150m:		250m:		350m:
100m: 1:12.86		200m: 2:35.71		300m: 3:53.28		400m: 5:12.05
2. Arda Deniz, DOĞAN	09	Adana Özgür Kulaçlar Spor5:12.37 3,5	1:12.75	1:19.77	1:20.63	1:19.22
50m:		150m:		250m:		350m:
100m: 1:12.75		200m: 2:32.52		300m: 3:53.15		400m: 5:12.37
14 yaş						
1. Furkan Efe, YAVUZ	08	Mersin Okyanus Spor Kulüt4:35.66 11,0	1:05.16	1:10.08	1:11.00	1:09.42
50m:		150m:		250m:		350m:
100m: 1:05.16		200m: 2:15.24		300m: 3:26.24		400m: 4:35.66
2. Ali Tuğrul, KUZU	08	Mersin Okyanus Spor Kulüt4:39.31 10,0	1:05.02	1:11.00	1:12.49	1:10.80
50m:		150m:		250m:		350m:
100m: 1:05.02		200m: 2:16.02		300m: 3:28.51		400m: 4:39.31
3. Arıkan Çağan, ÖZCAN	08	Adana Özgür Kulaçlar Spor4:54.96 5,8	1:09.62	1:15.81	1:16.28	1:13.25
50m:		150m:		250m:		350m:
100m: 1:09.62		200m: 2:25.43		300m: 3:41.71		400m: 4:54.96
4. Uğur Eymen, GÜVEN	08	Adana Özgür Kulaçlar Spor4:56.13 5,5	1:09.73	1:16.66	1:16.64	1:13.10
50m:		150m:		250m:		350m:
100m: 1:09.73		200m: 2:26.39		300m: 3:43.03		400m: 4:56.13