

ADANA BARAJ GEÇME, TOHM- SEM SEÇME VE PERFORMANS TEST YARI LARI
Adana, 21. - 23.7.2023

Yarı 13
22.07.2023 - 9:00

Bayanlar, 400m Serbest

9 ya ve büyükler
Sonuçlar

Puanlar: Rudolph Table 2023

Sıra	Ya	Zaman Derece
10 ya		
1. Tanem TUTAL	10 Ageb Spor Kulübü Derne i	6:17.57 3,7
100m: 1:30.57 1:30.57	200m: 3:07.00 1:36.43	300m: 4:45.16 1:38.16
400m: 6:17.57 1:32.41		
2. İlgaz Dila OLCAYTU	10 Ageb Spor Kulübü Derne i	6:39.18
100m: 1:31.55 1:31.55	200m: 3:13.80 1:42.25	300m: 4:57.72 1:43.92
400m: 6:39.18 1:41.46		
3. Dila BAYKURTALP	10 Ageb Spor Kulübü Derne i	6:41.42
100m: 1:33.76 1:33.76	200m: 3:16.20 1:42.44	300m: 4:59.79 1:43.59
400m: 6:41.42 1:41.63		
4. Zeynep KOÇ	10 Çukurova Üniversitesi Spor Kulübü	6:46.77
100m: 1:34.71 1:34.71	200m: 3:19.44 1:44.73	300m: 5:05.91 1:46.47
400m: 6:46.77 1:40.86		
5. IDIL ZENG N	10 Çukurova Üniversitesi Spor Kulübü	7:15.79
100m: 1:40.48 1:40.48	200m: 3:33.23 1:52.75	300m: 5:26.75 1:53.52
400m: 7:15.79 1:49.04		
6. Miray ÇELİK	10 Ageb Spor Kulübü Derne i	7:27.90
100m: 1:39.47 1:39.47	200m: 3:39.03 1:59.56	300m: 5:36.65 1:57.62
400m: 7:27.90 1:51.25		
7. Aden Zehra YAVUZ	10 Ageb Spor Kulübü Derne i	7:30.55
100m: 1:46.95 1:46.95	200m: 3:41.97 1:55.02	300m: 5:38.25 1:56.28
400m: 7:30.55 1:52.30		

11 ya

1. Rana DURAN	11 Çukurova Üniversitesi Spor Kulübü	6:02.11 1,9
100m: 1:21.58 1:21.58	200m: 2:55.24 1:33.66	300m: 4:31.45 1:36.21
400m: 6:02.11 1:30.66		
2. Neva BERK	11 Çukurova Üniversitesi Spor Kulübü	6:52.21
100m: 1:34.31 1:34.31	200m: 3:20.43 1:46.12	300m: 5:07.71 1:47.28
400m: 6:52.21 1:44.50		
3. Zara ALTUNDAL	11 Adana Özgür Kulaçlar Spor Kulübü	7:08.45
100m: 1:39.42 1:39.42	200m: 3:29.74 1:50.32	300m: 5:20.95 1:51.21
400m: 7:08.45 1:47.50		
4. Güne Nisa ÇULCU	11 Adana Özgür Kulaçlar Spor Kulübü	7:23.76
100m: 1:43.93 1:43.93	200m: 3:37.37 1:53.44	300m: 5:32.37 1:55.00
400m: 7:23.76 1:51.39		
5. Hazan ÖZEN	11 Çukurova Üniversitesi Spor Kulübü	7:30.94
100m: 1:40.80 1:40.80	200m: 3:33.37 1:52.57	300m: 5:31.49 1:58.12
400m: 7:30.94 1:59.45		
start al. Öykü BAYRAM	11 Çukurova Üniversitesi Spor Kulübü	

12 ya

1. Doğa AKSAKER	12 Çukurova Üniversitesi Spor Kulübü	5:34.27 4,1
100m: 1:16.72 1:16.72	200m: 2:42.90 1:26.18	300m: 4:09.88 1:26.98
400m: 5:34.27 1:24.39		
2. Nur Sena BALCI	12 Çukurova Üniversitesi Spor Kulübü	6:00.04
100m: 1:25.40 1:25.40	200m: 3:01.11 1:35.71	300m: 4:33.34 1:32.23
400m: 6:00.04 1:26.70		

13 ya

1. Asel Eylül ERSAN	13 Adana Özgür Kulaçlar Spor Kulübü	5:33.31 1,1
100m: 1:18.14 1:18.14	200m: 2:44.22 1:26.08	300m: 4:09.90 1:25.68
400m: 5:33.31 1:23.41		
2. Duru KARDA	13 Adana Özgür Kulaçlar Spor Kulübü	6:13.88
100m: 1:28.69 1:28.69	200m: 3:04.19 1:35.50	300m: 4:40.66 1:36.47
400m: 6:13.88 1:33.22		
start al. Sidelya Eylül KANBER	13 Ageb Spor Kulübü Derne i	

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18 ya

1. Cemre TEKBUŁUT	18	K.E Trend Spor Kulübü	4:55.62	6,0
100m: 1:10.97 1:10.97	200m: 2:24.74 1:13.77	300m: 3:39.94 1:15.20	400m: 4:55.62 1:15.68	