

PERFORMANS TESPİT YARIŞLARI
Adana, 19. - 21.1.2024

Yarış 14
20.01.2024 - 12:04

Erkekler, 400m Serbest

9 - 11 yaşları arası
Sonuçlar

Puanlar: Rudolph Table 2023

Sıra	Yaş	Zaman	Derece
10 yaş			
1. Furkan ŞAHİN	10	Çukurova Üniversitesi Spor Kulübü	6:01.10 5,6
50m: 44.73 44.73	150m: 2:11.10 47.33	250m: 3:45.46 48.00	350m: 5:19.04 47.55
100m: 1:23.77 39.04	200m: 2:57.46 46.36	300m: 4:31.49 46.03	400m: 6:01.10 42.06
2. Ahmed SARISAKAL	10	Çukurova Üniversitesi Spor Kulübü	6:17.60 2,0
50m: 41.72 41.72	150m: 2:18.79 48.85	250m: 3:57.16 49.06	350m: 5:35.49 49.07
100m: 1:29.94 48.22	200m: 3:08.10 49.31	300m: 4:46.42 49.26	400m: 6:17.60 42.11
3. Burak İhsan AKCAKAYA	10	Adana Gençlik Ve Spor Kulübü	6:31.40
50m: 41.69 41.69	150m: 2:19.11 49.11	250m: 4:02.09 51.42	350m: 5:42.08 50.30
100m: 1:30.00 48.31	200m: 3:10.67 51.56	300m: 4:51.78 49.69	400m: 6:31.40 49.32
4. Yağız Süleyman ÖZCEVİZ	10	Çukurova Üniversitesi Spor Kulübü	6:37.04
50m: 41.60 41.60	150m: 2:22.85 51.06	250m: 4:04.79 50.25	350m: 5:46.56 50.40
100m: 1:31.79 50.19	200m: 3:14.54 51.69	300m: 4:56.16 51.37	400m: 6:37.04 50.48
11 yaş			
1. Tuna INCEKAŞ	11	Çukurova Üniversitesi Spor Kulübü	5:30.60 8,0
50m: 35.71 35.71	150m: 1:57.86 41.63	250m: 3:23.29 42.94	350m: 4:49.67 42.40
100m: 1:16.23 40.52	200m: 2:40.35 42.49	300m: 4:07.27 43.98	400m: 5:30.60 40.93
2. Ateş Bera CENGİZ	11	Çukurova Üniversitesi Spor Kulübü	5:36.27 6,7
50m: 36.78 36.78	150m: 2:01.30 42.95	250m: 3:27.63 43.36	350m: 4:54.14 43.20
100m: 1:18.35 41.57	200m: 2:44.27 42.97	300m: 4:10.94 43.31	400m: 5:36.27 42.13
3. Ulaş Ege AYDIN	11	Adana Gençlik Ve Spor Kulübü	5:50.79 3,3
50m: 37.73 37.73	150m: 2:05.66 44.27	250m: 3:34.03 42.70	350m: 5:05.02 45.28
100m: 1:21.39 43.66	200m: 2:51.33 45.67	300m: 4:19.74 45.71	400m: 5:50.79 45.77
4. Güç ÜNLÜ	11	Çukurova Üniversitesi Spor Kulübü	5:52.77 2,9
50m: 38.39 38.39	150m: 2:06.64 44.49	250m: 3:38.36 45.60	350m: 5:08.88 45.32
100m: 1:22.15 43.76	200m: 2:52.76 46.12	300m: 4:23.56 45.20	400m: 5:52.77 43.89
5. Çağan AHLATCI	11	Adana Özgür Kulaçlar Spor Kulübü	6:01.87
50m: 41.43 41.43	150m: 2:13.02 46.37	250m: 3:45.79 46.19	350m: 5:17.54 45.96
100m: 1:26.65 45.22	200m: 2:59.60 46.58	300m: 4:31.58 45.79	400m: 6:01.87 44.33
6. Faris MENEVŞE	11	Çukurova Üniversitesi Spor Kulübü	6:05.96
50m: 40.23 40.23	150m: 2:13.36 47.57	250m: 3:48.40 48.11	350m: 5:23.23 47.21
100m: 1:25.79 45.56	200m: 3:00.29 46.93	300m: 4:36.02 47.62	400m: 6:05.96 42.73
7. Efe ÇIRA	11	Adana Gençlik Ve Spor Kulübü	6:31.04
50m: 42.68 42.68	150m: 2:21.08 50.18	250m: 4:01.49 50.08	350m: 5:42.23 50.14
100m: 1:30.90 48.22	200m: 3:11.41 50.33	300m: 4:52.09 50.60	400m: 6:31.04 48.81