

11-12 Yaş UGL Baraj Geçme ve +9 Yaş Performans Tespit Yarışları
Adana, 14. - 16.11.2025

Yarış 11

15.11.2025 - 11:01

Bayanlar, 400m Serbest

9 yaş ve büyükler
Sonuçlar

11 YAŞ BARAJI 11: 5:36.99 / 12 YAŞ BARAJI 12: 5:14.99

Puanlar: Rudolph Table 2025

Sıra	YB	Zaman Derece
9 yaş		
1. Ipek FİLAZİ	16	Özgür Kulaçlar Spor Kulübü
50m: 37.80 37.80	150m: 2:08.83 47.24	250m: 3:44.50 47.86
100m: 1:21.59 43.79	200m: 2:56.64 47.81	300m: 4:32.28 47.78
		350m: 5:17.21 44.93
		400m: 6:03.84 46.63

10 yaş

1. Deniz BÜYÜKHİLAL	15	Adana Gençlik Ve Spor Kulübü	5:52.63	9,0
50m: 38.65 38.65	150m: 2:08.77 45.56	250m: 3:39.53 45.43	350m: 5:08.73 44.75	
100m: 1:23.21 44.56	200m: 2:54.10 45.33	300m: 4:23.98 44.45	400m: 5:52.63 43.90	

11 yaş

1. Dünyam Aden Su KÜÇÜK	14	Ageb Spor Kulübü	5:41.88	6,4
50m: 38.20 38.20	150m: 2:05.36 44.05	250m: 3:33.65 43.46	350m: 5:00.28 43.18	
100m: 1:21.31 43.11	200m: 2:50.19 44.83	300m: 4:17.10 43.45	400m: 5:41.88 41.60	
2. Mira YEŞİL	14	Mersin Eğitim Vakfı Toros Spor Kulübü	5:43.99	5,9
50m: 37.82 37.82	150m: 2:05.26 44.34	250m: 3:34.34 44.13	350m: 5:02.72 43.74	
100m: 1:20.92 43.10	200m: 2:50.21 44.95	300m: 4:18.98 44.64	400m: 5:43.99 41.27	
3. Meyra DİŞBUDAK	14	Mersin Eğitim Vakfı Toros Spor Kulübü	5:45.84	5,5
50m: 37.08 37.08	150m: 2:05.66 45.00	250m: 3:35.43 44.97	350m: 5:03.91 44.94	
100m: 1:20.66 43.58	200m: 2:50.46 44.80	300m: 4:18.97 43.54	400m: 5:45.84 41.93	
4. Lavin DAĞHAN	14	Trend Spor Kulübü	6:16.11	
50m: 40.36 40.36	150m: 2:17.87 48.81	250m: 3:54.73 48.95	350m: 5:31.83 47.56	
100m: 1:29.06 48.70	200m: 3:05.78 47.91	300m: 4:44.27 49.54	400m: 6:16.11 44.28	

12 yaş

1. Kumsal Ikra YAŞAR	13	Adana Gençlik Ve Spor Kulübü	5:02.62	11,8
12 YAŞ BARAJINI GEÇTİ				
50m: 32.41 32.41	150m: 1:47.11 38.16	250m: 3:05.62 39.38	350m: 4:24.54 39.36	
100m: 1:08.95 36.54	200m: 2:26.24 39.13	300m: 3:45.18 39.56	400m: 5:02.62 38.08	
2. Aden Zehra YAVUZ	13	Ageb Spor Kulübü	5:13.15	9,2
12 YAŞ BARAJINI GEÇTİ				
50m: 32.73 32.73	150m: 1:49.93 39.53	250m: 3:11.52 41.09	350m: 4:34.02 41.20	
100m: 1:10.40 37.67	200m: 2:30.43 40.50	300m: 3:52.82 41.30	400m: 5:13.15 39.13	
3. Neva KOYUTÜRK	13	Ageb Spor Kulübü	5:16.37	8,5
50m: 34.17 34.17	150m: 1:54.17 41.10	250m: 3:15.93 40.68	350m: 4:37.65 40.72	
100m: 1:13.07 38.90	200m: 2:35.25 41.08	300m: 3:56.93 41.00	400m: 5:16.37 38.72	
4. Zeynep CİPCEVİZCİ	13	Adana Yüzme İhtisas Spor Kulübü	5:16.46	8,4
50m: 35.43 35.43	150m: 1:54.89 40.27	250m: 3:16.56 40.66	350m: 4:37.96 40.37	
100m: 1:14.62 39.19	200m: 2:35.90 41.01	300m: 3:57.59 41.03	400m: 5:16.46 38.50	
5. Bade BALABAN	13	Ageb Spor Kulübü	5:19.28	7,8
50m: 34.11 34.11	150m: 1:54.23 40.95	250m: 3:17.40 41.35	350m: 4:39.53 40.77	
100m: 1:13.28 39.17	200m: 2:36.05 41.82	300m: 3:58.76 41.36	400m: 5:19.28 39.75	
6. Tanem TOTAL	13	Ageb Spor Kulübü	5:22.26	7,0
50m: 35.07 35.07	150m: 1:55.79 41.11	250m: 3:18.25 41.40	350m: 4:41.65 41.92	
100m: 1:14.68 39.61	200m: 2:36.85 41.06	300m: 3:59.73 41.48	400m: 5:22.26 40.61	
7. Gülendam ZARARSIZ	13	Trend Spor Kulübü	6:11.01	
50m: 40.86 40.86	150m: 2:14.26 46.78	250m: 3:50.55 48.75	350m: 5:26.80 48.11	
100m: 1:27.48 46.62	200m: 3:01.80 47.54	300m: 4:38.69 48.14	400m: 6:11.01 44.21	

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Yarış 11, Kızlar, 400m Serbest, 12 yaş

Sıra	YB	Zaman	Derece
8. Tuana ERARSLAN	13 Trend Spor Kulübü	6:16.01	
50m: 40.85 40.85	150m: 2:14.19 47.33	250m: 3:51.56 49.30	350m: 5:29.90 49.83
100m: 1:26.86 46.01	200m: 3:02.26 48.07	300m: 4:40.07 48.51	400m: 6:16.01 46.11
9. Defne Anıl YAVUZER	13 Iskenderun Yüzme İhtisas Spor Kulübü	6:24.89	
50m: 40.29 40.29	150m: 2:19.85 50.64	250m: 4:00.65 51.00	350m: 5:39.89 49.42
100m: 1:29.21 48.92	200m: 3:09.65 49.80	300m: 4:50.47 49.82	400m: 6:24.89 45.00
10. Pelin ERGELDİ	13 Trend Spor Kulübü	6:39.98	
50m: 42.64 42.64	150m: 2:23.55 51.62	250m: 4:06.62 51.56	350m: 5:50.44 51.35
100m: 1:31.93 49.29	200m: 3:15.06 51.51	300m: 4:59.09 52.47	400m: 6:39.98 49.54
start al. Göksu GÖZET	13 Trend Spor Kulübü		

13 yaş

1. Deniz YÜREK	12 Iskenderun Yüzme İhtisas Spor Kulübü	6:25.66	
50m: 42.46 42.46	150m: 2:20.98 49.95	250m: 4:00.53 49.77	350m: 5:38.76 48.80
100m: 1:31.03 48.57	200m: 3:10.76 49.78	300m: 4:49.96 49.43	400m: 6:25.66 46.90