

SEM Baraj Geçme ve Performans Tespit Yarışları  
Adana, 19. - 21.6.2026

Yarış 27  
21.6.26 - 10:36

Bayanlar, 1500m Serbest

9 yaş ve büyükler  
Sonuçlar

SEM Barajı 2026-2027 11: 22:16.72; 12: 20:43.08; 13: 19:35.07; 14: 19:03.59; 15: 18:15.52; 16: 17:37.00; 17: 17:24.10

Puanlar: Rudolph Table 2025

| Sıra                                | YB                   | Zaman                                 | Derece                |
|-------------------------------------|----------------------|---------------------------------------|-----------------------|
| 12 yaş                              |                      |                                       |                       |
| 1. Duru DEMİR<br>SEM Barajını Geçti | 14                   | Mersin Eğitim Vakfı Toros Spor Kulübü | 20:04.07 12,3         |
| 50m: 35.14 35.14                    | 450m: 5:53.59 40.26  | 850m: 11:17.59 40.99                  | 1250m: 16:44.94 40.77 |
| 100m: 1:13.37 38.23                 | 500m: 6:33.58 39.99  | 900m: 11:58.12 40.53                  | 1300m: 17:25.28 40.34 |
| 150m: 1:52.54 39.17                 | 550m: 7:14.13 40.55  | 950m: 12:38.97 40.85                  | 1350m: 18:05.96 40.68 |
| 200m: 2:32.94 40.40                 | 600m: 7:54.32 40.19  | 1000m: 13:19.69 40.72                 | 1400m: 18:45.71 39.75 |
| 250m: 3:13.18 40.24                 | 650m: 8:35.19 40.87  | 1050m: 14:00.94 41.25                 | 1450m: 19:25.16 39.45 |
| 300m: 3:53.25 40.07                 | 700m: 9:15.71 40.52  | 1100m: 14:41.88 40.94                 | 1500m: 20:04.07 38.91 |
| 350m: 4:33.55 40.30                 | 750m: 9:56.11 40.40  | 1150m: 15:22.78 40.90                 |                       |
| 400m: 5:13.33 39.78                 | 800m: 10:36.60 40.49 | 1200m: 16:04.17 41.39                 |                       |

13 yaş

|                     |                      |                             |                       |
|---------------------|----------------------|-----------------------------|-----------------------|
| 1. Ada GÜNGÖR       | 13                   | Manavgat Barlas Spor Kulübü | 19:47.48 10,2         |
| 50m: 35.88 35.88    | 450m: 5:52.21 39.61  | 850m: 11:10.78 39.70        | 1250m: 16:29.84 40.06 |
| 100m: 1:13.94 38.06 | 500m: 6:32.31 40.10  | 900m: 11:50.44 39.66        | 1300m: 17:09.77 39.93 |
| 150m: 1:53.44 39.50 | 550m: 7:11.77 39.46  | 950m: 12:30.40 39.96        | 1350m: 17:49.63 39.86 |
| 200m: 2:33.32 39.88 | 600m: 7:51.87 40.10  | 1000m: 13:10.28 39.88       | 1400m: 18:29.67 40.04 |
| 250m: 3:13.59 40.27 | 650m: 8:31.65 39.78  | 1050m: 13:50.11 39.83       | 1450m: 19:09.08 39.41 |
| 300m: 3:53.10 39.51 | 700m: 9:11.61 39.96  | 1100m: 14:29.81 39.70       | 1500m: 19:47.48 38.40 |
| 350m: 4:32.74 39.64 | 750m: 9:51.39 39.78  | 1150m: 15:09.81 40.00       |                       |
| 400m: 5:12.60 39.86 | 800m: 10:31.08 39.69 | 1200m: 15:49.78 39.97       |                       |

start al. Selen Naz AĞABABAOĞLU 13 Vamos Spor Kulübü

15 yaş

|                     |                      |                                  |                       |
|---------------------|----------------------|----------------------------------|-----------------------|
| 1. Defne SAVAŞKAN   | 11                   | Mersin Doruk İhtisas Spor Kulübü | 19:40.53 6,4          |
| 50m: 34.49 34.49    | 450m: 5:51.39 39.83  | 850m: 11:10.63 39.90             | 1250m: 16:27.48 39.28 |
| 100m: 1:12.44 37.95 | 500m: 6:31.88 40.49  | 900m: 11:49.66 39.03             | 1300m: 17:07.87 40.39 |
| 150m: 1:51.22 38.78 | 550m: 7:11.43 39.55  | 950m: 12:29.58 39.92             | 1350m: 17:46.47 38.60 |
| 200m: 2:31.14 39.92 | 600m: 7:51.63 40.20  | 1000m: 13:09.27 39.69            | 1400m: 18:25.35 38.88 |
| 250m: 3:10.68 39.54 | 650m: 8:31.55 39.92  | 1050m: 13:49.08 39.81            | 1450m: 19:04.69 39.34 |
| 300m: 3:50.96 40.28 | 700m: 9:11.08 39.53  | 1100m: 14:28.33 39.25            | 1500m: 19:40.53 35.84 |
| 350m: 4:31.23 40.27 | 750m: 9:50.78 39.70  | 1150m: 15:08.93 40.60            |                       |
| 400m: 5:11.56 40.33 | 800m: 10:30.73 39.95 | 1200m: 15:48.20 39.27            |                       |