

15 Temmuz Demokrasi ve Milli Birlik Günü Sem Performans Yüzme Yarışmaları
Adana, 24. - 26.7.2026

Yarış 2
24.7.26 - 10:21

Erkekler, 400m Serbest

9 yaş ve büyükler
Sonuçlar

SEM Barajı 2026-2027 12: 4:58.08; 13: 4:43.55; 14: 4:35.32; 15: 4:23.02; 16: 4:14.54; 17: 4:11.10; 18: 4:11.10

Puanlar: Rudolph Table 2025

Sıra	YB	Zaman Derece
10 yaş		
1. Cem Sefa SONGÜR	16	Antalya Faroz Spor Kulübü
50m: 36.77 36.77	150m: 2:01.87 42.93	250m: 3:24.57 41.46
100m: 1:18.94 42.17	200m: 2:43.11 41.24	300m: 4:06.38 41.81
		350m: 4:48.29 41.91
		400m: 5:29.07 40.78
2. Çınar KANDİL	16	Adana Gençlik Ve Spor Kulübü
50m: 37.98 37.98	150m: 2:12.11 48.44	250m: 3:47.40 47.12
100m: 1:23.67 45.69	200m: 3:00.28 48.17	300m: 4:34.14 46.74
		350m: 5:20.49 46.35
		400m: 5:59.23 38.74
3. Fatih Çınar ERGELDİ	16	Trend Spor Kulübü
50m: 42.39 42.39	150m: 2:18.51 48.03	250m: 3:54.45 48.04
100m: 1:30.48 48.09	200m: 3:06.41 47.90	300m: 4:41.11 46.66
		350m: 5:27.29 46.18
		400m: 6:11.98 44.69

11 yaş

1. Deniz AKAYDİN	15	Ferdi
50m: 39.21 39.21	150m: 2:09.15 45.53	250m: 3:40.80 45.71
100m: 1:23.62 44.41	200m: 2:55.09 45.94	300m: 4:26.41 45.61
		350m: 5:10.61 44.20
		400m: 5:53.98 43.37
2. Eymen Hüseyin İÇEL	15	Trend Spor Kulübü
50m: 38.44 38.44	150m: 2:17.46 50.46	250m: 3:59.54 50.84
100m: 1:27.00 48.56	200m: 3:08.70 51.24	300m: 4:51.48 51.94
		350m: 5:42.30 50.82
		400m: 6:23.53 41.23
3. Ege GÖZET	15	Trend Spor Kulübü
50m: 41.71 41.71	150m: 2:20.15 50.30	250m: 4:00.33 49.86
100m: 1:29.85 48.14	200m: 3:10.47 50.32	300m: 4:50.00 49.67
		350m: 5:39.92 49.92
		400m: 6:26.12 46.20

12 yaş

start al. Süheyl Erkmen SENCAR 14 Adana Gençlik Ve Spor Kulübü

13 yaş

start al. Burak ATAŞ 13 Trend Spor Kulübü

14 yaş

1. Deniz Onat AYHAN	12	Ferdi
50m: 31.74 31.74	150m: 1:42.46 35.86	250m: 2:54.91 36.10
100m: 1:06.60 34.86	200m: 2:18.81 36.35	300m: 3:31.54 36.63
		350m: 4:07.59 36.05
		400m: 4:41.84 34.25
2. Mustafa Yağız ALTINKAYA	12	Fatih Karakurt Alpha Academy Spor Kulübü
50m: 30.82 30.82	150m: 1:42.55 36.87	250m: 2:57.37 37.11
100m: 1:05.68 34.86	200m: 2:20.26 37.71	300m: 3:34.89 37.52
		350m: 4:11.98 37.09
		400m: 4:46.63 34.65

15 yaş

1. Aden ERDEMİR	11	Ferdi
50m: 30.32 30.32	150m: 1:39.82 35.34	250m: 2:50.97 35.26
100m: 1:04.48 34.16	200m: 2:15.71 35.89	300m: 3:26.38 35.41
		350m: 4:00.94 34.56
		400m: 4:34.40 33.46

start al. Mert Enes POLAT 11 Vamos Spor Kulübü